

Estimated characteristics of mental states' representations

Chernov A., Alekseeva E.

Kazan Federal University, 420008, Kremlevskaya 18, Kazan, Russia

Abstract

Formation of mental states ideas in the mental plane, as well as result of this process in the form of an image and knowledge as sets of a state subjective judgments, are connected with mental representations of the person. The study of mental representations has the special significance as the mental status - a personal subjective phenomenon of human mentality and separation of the universal regularities in their representation - can also reveal regularities in forming pattern of the world and structure of ideas in it. In article research results of evaluation characteristics of mental representations for mental statuses are provided: pleasures, disturbances, tranquility and exhaustions. The method of semantic differential in V. F. Petrenko's modification was applied to establishing evaluation level of mental statuses representations. For each of the considered statuses core formations and the periphery which reflect invariant and specific components of mental representations for mental statuses are revealed. The positive statuses of pleasure and tranquility are characterized by the smallest number of selected elements and they are described equally by most of the examinees. The composition of mental representations for statuses, and also organization of the received structure is shown. The most organized structures for the negative statuses of disturbance and exhaustion appear. Statuses of pleasure and inspiration possess the smallest structure organization. Research results allow to explain mechanisms of mental statuses self-regulation - transition from a non-equilibrium status to equilibrium.

Keywords

Assessment, Characteristic, Mental representation, Mental status, Structure